

**\*\*English version comes after Chinese version\*\***

**\*\*此通知內容為中英對照\*\***

各位同學好

為因應政府防疫規範，體育課程前三週皆採取全面遠距課程。為使學生安心學習並維護學生學習權益，體育室開設 2 班遠距教學之健康體適能課程健康體適能課程為大一新生必修課程，且僅於上學期開設，其目的在於培養學生健康體能，與理解體適能概念及操作方法。

本課程主要針對未能入境之外籍新生，二個班級的課程皆以全學期全英語及雙語線上課程方式進行，請各位同學依據自身情況選擇合適的課程，直接寫信給授課教師，索取課程授權碼。

若各位同學在課程期間有任何問題，歡迎與體育室教學組蘇心慧小姐

[suhsinhuei@ntu.edu.tw](mailto:suhsinhuei@ntu.edu.tw) 聯繫。

Dear Students

In response to the COVID-19 prevention regulations, the first three weeks of physical education courses will be conducted online. The Athletic Department of NTU offers 2 online classes for Health Related Physical Fitness course, which is a required course for freshmen (only available in the first semester) with the objective to enhance understanding on physical fitness. These courses are fully conducted in English and bilingual respectively and are recommended for freshmen who are unable to arrive in Taiwan on time. We encourage you to choose the course accordingly and ask the permission code from the instructor to add the course.

If you have any further inquiries, please contact Mrs. Su from The Athletic Department of NTU (email: [suhsinhuei@ntu.edu.tw](mailto:suhsinhuei@ntu.edu.tw)).

以下是 110-1 學期為未入境之大一新生所開設 2 班遠距教學之健康體適能課程資訊，敬請卓參

The Health Related Physical Fitness online courses information:

課號 課程識別碼 Curriculum Number & Identity Number	班次 Class	課程名稱 Course Title	授課教師 Instructor	上課時間 Course Schedule	備註 Remarks
PE1003 002 50010	P8	健康體適能 Health Related Physical Fitness	連家瑩 chiayinglien@ntu.edu.tw	(一)8,9 Mon 8,9	英文授 課， 遠距教學 English- Taught Online Course
PE1003 002 50010	P9	健康體適能 Health Related Physical Fitness	呂宛蓁 gracelyu@ntu.edu.tw	(三)8,9 Wed 8,9	雙語授 課， 遠距教學 Bilingual- Taught Online Course

體育室敬上

Department of Athletics, NTU